



A Journey Through PARC

PARKDALE ACTIVITY-RECREATION CENTRE
ANNUAL IMPACT REPORT 2025-2026



93,337

MEALS SERVED

109

UNITS OF HOUSING

37

INDIVIDUALS HOUSED
(HOUSING ACCESS)

23

MEMBER EMPLOYEES



99

PEOPLE ACCESSED
EMPLOYMENT SUPPORT



87

INDIVIDUALS SUPPORTED
WITH FINANCIAL TRUSTEESHIP

2,160

MEMBER VOLUNTEER HOURS

209

INDIVIDUALS WHO RECEIVED
MENTAL HEALTH SUPPORTS



1,500+

INDIVIDUALS SERVED IN THE DROP-IN

78

MONTHLY DONORS



OUR MISSION

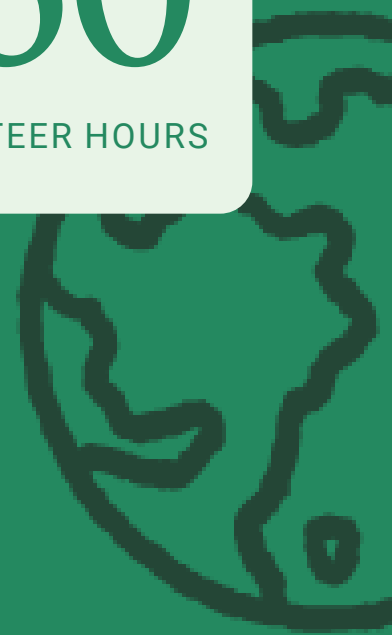
A community where people
rebuild their lives.

OUR VISION

Everyone living with dignity
and safety, with enough
resources to explore and
achieve their potential.

OUR VALUES

Respect Dignity Inclusion
Compassion Caring
Kindness Trust



“Everyone helps make this a place where people feel they belong.”

BARBARA DOMENECH
EXECUTIVE DIRECTOR



Letter from the Executive Director

When I arrived at PARC a year ago, I knew I needed to begin by listening and learning. Before making plans for the future, I wanted to understand what PARC means to the people who rely on it, work here, volunteer here, fund it, and support it.

Much of my first year has been spent listening. I have listened to members talk about what PARC has meant in their lives - the stability that comes with housing support, the confidence that comes with a job or a volunteer shift, the relief of having somewhere to turn for mental health or financial support, and the simple, daily importance of having a place to walk into at the drop-in. I have listened to staff describe the work, the challenges, and the care that goes into showing up every day for members. I have listened to volunteers, partners, donors, and Board members share their hopes for where PARC goes next. What has stayed with me most is not only the range of supports PARC provides, but the strength of the community that exists inside it. Everyone helps make this a place where people feel they belong.

Those conversations made it clear that the supports PARC provides are more important than ever. I have also seen demand for our services grow this year, in a city where housing is increasingly out of reach and where food insecurity, poverty, and mental health needs continue to affect more and more of our members. Meeting that need means protecting what is strongest about PARC while continuing to adapt as our community's needs evolve.

This year's report follows the journeys of the people who make up PARC. Mine has been one small part of it. As I look ahead, I do so with gratitude and a clear sense of responsibility: to keep listening, learning, and working alongside members, staff, and partners to strengthen the supports people rely on and to create more opportunities for housing, community, purpose, and belonging. Thank you for your commitment to PARC and for helping build a community where people can find housing, purpose and belonging.

With gratitude,

Barbara Domenech
EXECUTIVE DIRECTOR



Uniquely made up of 50% member directors and 50% community directors, PARC's board brings together lived experience and community expertise. We sincerely thank all board members for their dedication, guidance, and the invaluable perspective they bring to our organization.

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Community Director

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Participant Member Director

Sojje Tate
Community Director



93,337

MEALS SERVED

86,565

INTERACTIONS IN THE DROP-IN

1500+

INDIVIDUALS SERVED IN THE DROP-IN

THE FIRST STEP

Being a member at PARC begins by walking through our front door. Many people come looking for a hot meal, a shower, or even just a pair of socks. From there, they are welcomed into a community where they can meet their immediate needs while getting to know staff, volunteers, and other members. Trust is built over time through shared meals, seeing familiar faces, and consistent, non-judgmental support. As those relationships grow, staff work alongside members to connect them with housing, health care, case management, employment, peer support, and other community services.

Drop-In Centre

Open seven days a week, PARC's Drop-In Centre helps people with food insecurity, hygiene needs, harm reduction supplies, health supports, recreational programming, and referrals in an accessible and low barrier space. By bringing these services together under one roof, the Drop-In makes it easier for members to get the support they need while reducing social isolation.

2025-2026 HIGHLIGHTS

This year, PARC strengthened supports available through the Drop-In through the Homelessness and Addiction Recovery Treatment (HART) Hub. Through this partnership, members now have improved access to primary care, addictions treatment, supportive housing, peer support, and case management. Two dedicated HART Hub Drop-In Workers

joined the team, providing more intensive support within the Drop-In, including crisis intervention, system navigation, referrals, practical assistance, and ongoing follow-up.

Thanks to continued funding from the City of Toronto's Winter Services Plan for People Experiencing Homelessness, PARC extended Drop-In hours from December through April, providing a warm and safe place for people during the coldest months of the year. Five additional Drop-In Workers supported the expanded hours, and evening meals helped meet the growing need for food and connection.

Demand for Drop-In services continued to grow, with staff responding to increased overdose responses, rising food insecurity, more complex mental health needs, and ongoing barriers to accessing shelter, detox, supportive housing, and specialized care. Despite these challenges, the Drop-In remained a place where members could find support, connection, and a community that welcomed them every day.

“Members shared how much they appreciated the chance to reconnect...”

Camp Cedar Ridge

OCTOBER 20–24, 2025, McARTHURS MILLS, ON

PARC’s Annual Camp returned to the beautiful Cedar Ridge Camp in McArthurs Mills, Ontario, from October 20–24, 2025, bringing together 32 members along with PARC staff for a week of adventure, relaxation, and connection. With exclusive use of the camp, members were able to step away from the stresses of the city, try new things, and spend time together in a beautiful setting.

The week was filled with activities including kayaking, canoeing, archery, rock climbing, nature hikes, fishing, arts and crafts, writing group, campfires, music, and the beloved Camp Awards and Talent Show Banquet. Members shared how much they appreciated the chance to reconnect, explore new experiences, and enjoy the freedom and peace that camp provides.

A JOURNEY THROUGH PARC

After coming to the Drop-In for a while, many members begin joining activities that match their interests like painting, writing, knitting, playing hockey, joining in for karaoke or even just playing cards or dominoes. For many people, this is where PARC starts to be more than a place just to access services and feels more like a community where they belong.

COMMUNITY MEAL PROGRAM

PARC’s Community Meal Program provides free, nutritious meals in a community setting to support both health and connection. Last year, we served 93,337 meals, helping reduce the effects of poverty and isolation. Our coffee bar serves warm drinks daily and connects volunteer members with peer employment opportunities. The kitchen also supports special events like PARCabana and our seasonal Solstice celebrations, bringing the community together around good food.



SOCIAL & RECREATIONAL ACTIVITIES

PARC’s social and recreational activities run year-round, creating opportunities for members to connect, learn, express themselves, and build community. From arts and culture to sports and wellness activities, these programs help improve wellbeing and reduce social isolation.

ART GROUP provides access to art supplies and a skilled instructor, giving members space to explore creativity and create their own artwork.

WRITING GROUP meets weekly to explore storytelling, poetry, and self-expression.

KNITTING GROUP, led by a dedicated volunteer, brings members together every Saturday to work on projects and share skills.

PARKDALE’S GOT TALENT is a weekly music program where members come together to sing, play instruments and enjoy music every Friday afternoon.

MINDFULNESS GROUP offers weekly sessions focused on relaxation, reflection, and reducing stress.

SEASONAL SPORTS PROGRAMS have been a part of PARC for decades, including winter hockey at McCormick Arena and weekly soccer at Sorauren Park from May to October.

Special Events and Activities

“...gathering together is a small way we can acknowledge that this person lived, they mattered, and they will not be forgotten.”

MEMORIAL NOVEMBER 2025

In partnership with The Dale Ministries, PARC held a Member Memorial Service, a chance for our community to honour, remember and grieve those we have lost in a safe space. We shared food, music and memories and welcomed Grandmother Vivien Recollet from Niiwin Wendaanimak at Parkdale Queen West Community Health Centre, who shared wisdom and reminded us that conversations with our loved ones can continue beyond loss.

Grief can be especially difficult in a community where loss is far too common, and gathering together is a small way we can acknowledge that this person lived, they mattered, and they will not be forgotten. Their loss is also a painful reminder of the disproportionate challenges faced by people experiencing homelessness, poverty, and mental health crises, and the urgent need for safe housing, care, and support.

I'M STILL HERE...
THINKING ABOUT COMMUNITY

Artist Melissa Fisher-Rozenberg led a four-part textile workshop series with PARC members, creating space for connection and creativity. Participants learned simple braiding and knotting techniques using embroidery thread and materials from Melissa's art archive, transforming members' individual pieces into a collaborative window installation titled I'm Still Here... Thinking About Community, celebrating the power of art to bring people together and form a sense of belonging through creative expression.



WELCOME COMMITTEE

As PARC prepares to welcome 42 new tenants to 11 Brock, a dedicated group of 20 volunteers has convened a Welcome Committee to help create a warm welcome for tenants as they transition into their new homes in Winter 26-27. The 11 Brock Welcome Committee has been hard at work planning welcome events, creating welcome packages to help residents settle in their units, developing community activities and programming, and creating a walking tour and neighbourhood guide to help tenants connect with their new community. The care, time, and creativity of our volunteers reflect the strength of Parkdale's community and the power of people coming together to welcome their neighbours.

Member Support Programs

209

INDIVIDUALS SERVED

1234

SERVICE INTERACTIONS

25

MEMBERS TRANSITIONED TO ODSP



A JOURNEY THROUGH PARC

BUILDING TRUST

As trust grows, many members decide they're ready for more support like replacing identification, applying for income supports, finding housing, or navigating the health care or legal system. Together, members and case managers identify goals, celebrate progress, and work through setbacks with compassion, dignity and respect.



A JOURNEY THROUGH PARC

CONNECTING WITH PEERS

For some people, the next step in their journey happens while they're still living in shelter. A Peer Shelter Support Worker, someone with lived experience, builds trust by listening without judgment and meeting people where they're at. Together, they identify the supports that will help them move forward, whether that's attending appointments, connecting with community resources, improving their health, or taking the next steps toward housing.

Peer Shelter Support Program

PARC's Peer Shelter Support Program provides one-on-one support and meaningful programming for people living in partner shelters across Toronto. Drawing on their own lived experience, peer workers help residents reduce isolation, build confidence, navigate services, and strengthen the skills and connections needed to move toward stable housing.

2025-2026 HIGHLIGHTS

This year, the Peer Shelter Support Program expanded to additional shelter sites, allowing more residents to access support and community programming. New partnerships with community organizations made more services available, including harm reduction education, wellness programming, employment supports, barber services, and workshops.

The team also introduced standardized programming calendars and a new interaction tracker to improve service delivery and reporting, so peer workers could spend more time supporting residents. Stronger partnerships with housing providers also created better pathways for residents as they prepared to move from shelter into permanent housing.

Community Access Program (CAP)

The Community Access Program (CAP) is a partnership between PARC, Sistering, and West Neighbourhood House that helps people navigate healthcare, housing, mental health, and legal systems with compassion and advocacy. Funded by the Ministry of Health, CAP focuses on people experiencing homelessness, particularly those in shelters, by making care easier to access and reducing reliance on emergency services by providing one-on-one support for appointments, advocacy, and cross-agency coordination, with growing collaboration with Indigenous-focused services like Anishnawbe Health Centre.

Intensive Case Management and Collaborative Care

PARC's Intensive Case Management and Collaborative Care teams provide individualized, trauma-informed support for people experiencing mental health and substance use challenges, homelessness, or housing instability. Every plan is guided by the member, recognizing that recovery looks different for everyone. Working alongside members, staff help navigate complex systems, access health care and income supports, strengthen landlord relationships, and prevent evictions.

2025-2026 HIGHLIGHTS

This year, PARC added the OW-ODSP Intensive Case Management program, funded by Toronto Employment and Social Services (TESS) to help members transition from Ontario Works to the Ontario Disability Support Program while providing ongoing case management throughout the process.

The team's partnerships with Streets to Homes and Ontario Works created new pathways to housing and income supports. Staff completed training in Motivational Interviewing and Motivational Interviewing for Addictions, strengthening their ability to support members through change using person-centred, evidence-informed approaches.

5,918

INDIVIDUALS SERVED

63

HARM REDUCTION PLANS CREATED

156

REFERRALS MADE

44

PAID ID CLINIC VISITS

444

WORKSHOPS OR GROUP MEETINGS

108

ACCOMPANIMENTS FOR SENIORS 55+

1148

APPOINTMENT ACCOMPANIMENTS



A JOURNEY THROUGH PARC

FINANCIAL STABILITY

Managing money is an important step toward rebuilding stability and independence. Financial stress can feel overwhelming, especially when navigating recovery and instability. By building trust with members, the Money Matters team can provide one-on-one support to manage finances, and develop the skills needed to maintain housing and move toward future planning.

Money Matters

Money Matters helps people at risk of homelessness with financial stability and maintaining their housing. Through voluntary trustee services, members receive support managing their income, paying bills, avoiding eviction, and working toward independent banking, where appropriate. The program also offers tax support and financial literacy workshops that help members with budgeting, debt management, and financial planning.

2025-2026 HIGHLIGHTS

This year, Money Matters welcomed Mohamed Umeya, who has brought a wealth of experience to the program and is supporting participants with financial literacy, estate planning and housing stability.

The program also expanded through the addition of a Harm Reduction Financial Trustee, funded through the province's HART Hub through our partnership with Parkdale Queen West (PQW) Community Health Centre. PARC's own Katherine Ferreria stepped into this role, working primarily with members facing complex challenges that can make it difficult to maintain financial security and stable housing.

87

INDIVIDUALS SERVED

8

EVICCTIONS PREVENTED

99

EMPLOYMENT PROGRAM PARTICIPANTS

36

EMPLOYMENT WORKSHOPS

13

MEMBERS FOUND EMPLOYMENT

23

PARC MEMBER EMPLOYEES

Member's Employment Program

PARC's Employment Program supports members with job coaching, skills training, and supported placements in PARC's kitchen and maintenance teams. Members gain practical experience and take part in workshops on health and safety, resumes, interview skills, goal setting, vision boards, and more. The program also addresses challenges like digital literacy and transportation, providing support members need to succeed.

Member Volunteers

Each day, member volunteers help create a welcoming environment by greeting members at our reception, serving meals, providing hot cups of coffee, leading activities, or just checking in with other members. Member volunteers receive on-the-job training, goal-setting support, and mentorship that helps them build skills and paths to employment.

2025-2026 HIGHLIGHTS

The addition of a HART Hub Worker to the Volunteer team strengthened support for volunteers and enhanced coordination, training, and employment pathways. Our Volunteer Program grew to 28 registered member volunteers who support drop-in services, outreach, administration, and programming. Through the Member Employment Program, 13 members are currently employed in our kitchen, helping prepare two meals each day for the Community Meal Program, alongside other employment opportunities like PPE production.

A JOURNEY THROUGH PARC

BUILDING SKILLS AND GROWING CONFIDENCE

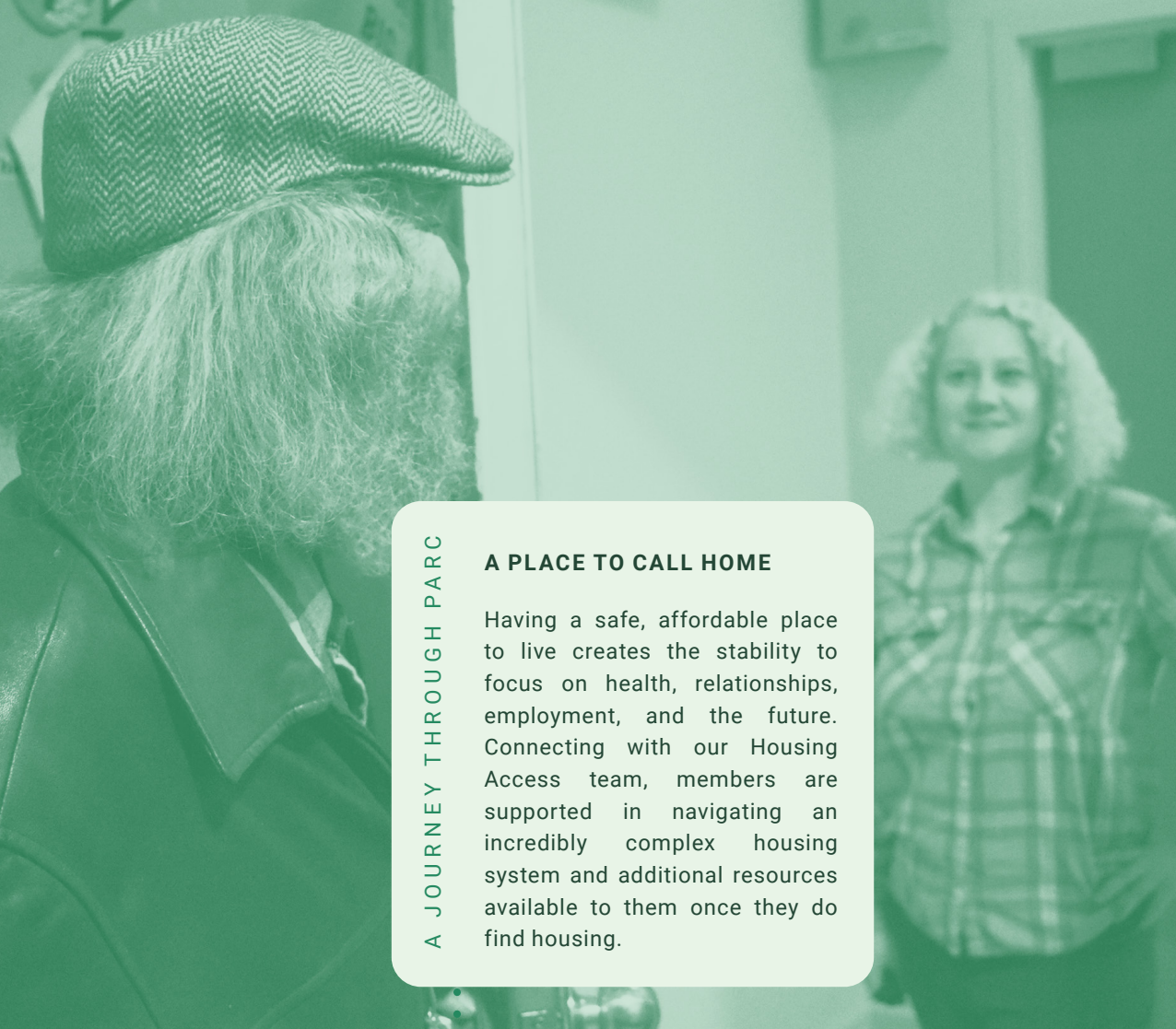
As members grow more confident, many begin looking for opportunities to build their skills, gain experience, and give back to the community. Many of PARC's members continue their journey toward stabilization, recovery and rebuilding through volunteering, participating in employment workshops, or joining PARC's member employment team.

17

PARC MEMBER VOLUNTEERS

2,160

VOLUNTEER HOURS



A JOURNEY THROUGH PARC

A PLACE TO CALL HOME

Having a safe, affordable place to live creates the stability to focus on health, relationships, employment, and the future. Connecting with our Housing Access team, members are supported in navigating an incredibly complex housing system and additional resources available to them once they do find housing.

Housing Access

Along with our supportive housing portfolio, PARC's Housing Access team helps people experiencing homelessness or housing insecurity navigate the housing system, complete applications, and connect to affordable housing opportunities.

2025-2026 HIGHLIGHTS

Facilitated sessions at PARC, Toronto Public Library, Parkdale Queen West Community Health Centre and George Brown College connected people with housing information, resources and practical support to help them understand their options and navigate the steps toward securing and maintaining a home.

The program's work continued to focus on eviction prevention, application support, referrals, and housing set-ups. With six-month follow-ups for every housed individual, the team also worked to support people build the stability needed to maintain their housing over the long term.

156

INDIVIDUALS SUPPORTED IN ACCESSING AFFORDABLE AND SUBSIDIZING HOUSING

36

INDIVIDUALS SECURED HOUSING

11

ASSISTED WITH HOME SET UP

13,312

INTERACTIONS WITH TENANTS

109

DEEPLY AFFORDABLE HOUSING UNITS ACROSS 7 PROPERTIES

11

NEW TENANTS WELCOMED HOME

6

COMMUNITY BARBECUES AND 5 SOCIAL AND CELEBRATORY EVENTS

Supportive Housing

PARC provides 109 units of supportive housing where tenants have access to safe, affordable homes and individualized supports. Guided by a Housing First approach, staff work to connect them with health care, income supports, life skills, and community resources while building relationships rooted in trust, respect, and choice. Through collaboration with PARC's Collaborative Care, Money Matters, and Drop-In teams, as well as community partners, tenants have access to the health, wellness, and practical supports they need to maintain their homes and build meaningful connections.

2025-2026 HIGHLIGHTS

A major focus this year was preparing for the opening of 11 Brock Ave, PARC's newest supportive housing building. The team began developing the staffing model, operational plans, and programming framework needed to ensure new tenants receive the support they need from day one. PARC also secured funding from Ontario Trillium Foundation for a one-year Supportive Housing Innovation Lead, a policy and procedures specialist, who is leading the development of standardized practices that will strengthen operations, support innovation, and enhance PARC's entire supportive housing portfolio, including 11 Brock.

1,460

MAINTENANCE REQUESTS COMPLETED

17

MEMBER EMPLOYEES

6

TENANT MEETINGS

3

TENANT ADVISORY COMMITTEE MEETINGS

Parkdale Property Management

PARC's social enterprise, Parkdale Property Management (PPM), maintains all 109 supportive and affordable homes across seven properties while creating employment opportunities for people facing barriers to work. The team completed close to 1500 maintenance requests, all while carrying out repairs and improvements related to fire safety, accessibility, building systems and individual units. PPM made strides in making preventative maintenance core to their operations, improved inspection processes and prepared vacant units for new tenants

Housing Developments

11 BROCK AVE: COMING WINTER 2026/2027

PARC has partnered with the City of Toronto and the Government of Canada to bring new affordable, supportive homes to Parkdale at 11 Brock Avenue. The City purchased the property from the Province of Ontario in 2019 to create new affordable housing, with PARC as the housing operator. In partnership with the Centre for Addiction and Mental Health (CAMH), 10 units will be available for CAMH clients, with additional supports provided by Breakaway Services and Parkdale Queen West Community Health Centre. This four-storey building will provide 42 rent-geared-to-income homes with supports to maintain residents' health, well-being, and housing stability. Each apartment will have a private kitchen and bathroom. The building will also include shared amenities like laundry, a communal kitchen, and dedicated programming spaces for residents. We are excited to welcome new tenants in Winter 2026.



PROPOSED REDEVELOPMENT OF 1499 & 1501 QUEEN ST. W.

PARC has proposed a two-phase redevelopment of our Queen St West properties to create 141 deeply affordable supportive housing units, significantly expand our community space, and offer additional room for our partners to deliver services. PARC has received pre-development support from United Way to help plan the expansion of community-centred space. A key priority throughout the redevelopment is ensuring that all current tenants remain safely housed and stable during every stage of construction, and there is minimal disruption to our service provision.

PARC in the Community

StreetCity Film Screening

PARC packed the historic Revue Cinema on Roncesvalles Ave for a special screening of *StreetCity*, a film about Canada’s first alternative housing community for people experiencing homelessness. Bringing community members, housing advocates, and supporters together for an evening of film and conversation, the evening featured a panel discussion on the housing crisis with Robin Masterson, who worked at StreetCity and is now Housing Director at Fred Victor, and Maggie Helwig, author of *Encampment: Resistance, Grace, and an Unhoused Community*, along with a Q&A with filmmaker Bay Weyman. Thanks to attendees, the event raised nearly \$5,000 for PARC’s Supportive Housing Fund to help provide safe, affordable homes and supports for PARC tenants.



The First Annual Parkdale Day

On March 28, PARC joined our neighbours for Parkdale Day, hosted by Project Parkdale, celebrating the creativity that makes our neighbourhood special. PARC’s Art Group held an Arts Showcase, giving members the opportunity to share and sell their original artwork. Every member who participated sold a piece, with all proceeds going directly to the artists. It was a wonderful chance to welcome neighbours, supporters, and people visiting PARC for the first time. We’re grateful to Project Parkdale for including PARC in the festivities, Made You Look Jewelry for sponsoring the event, and everyone who stopped by to support our artists.

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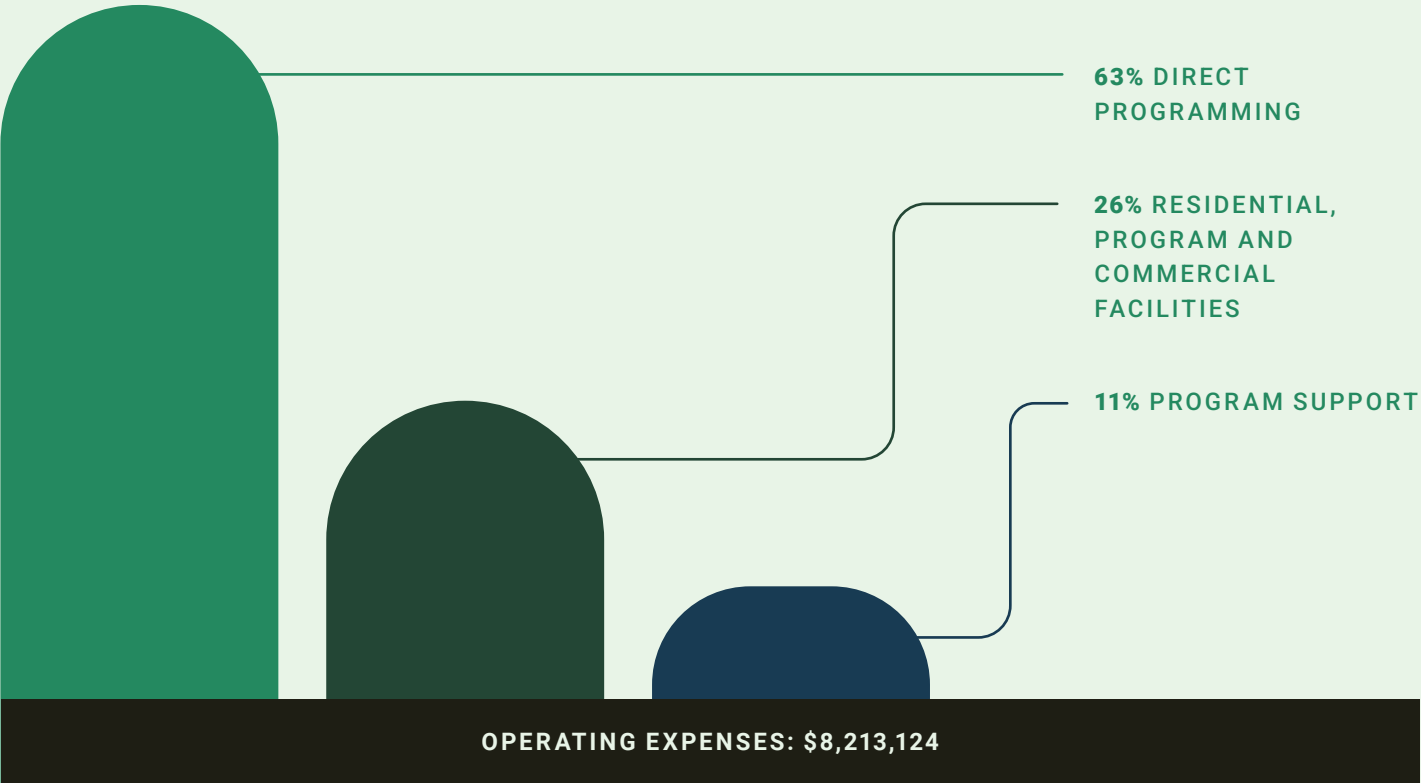
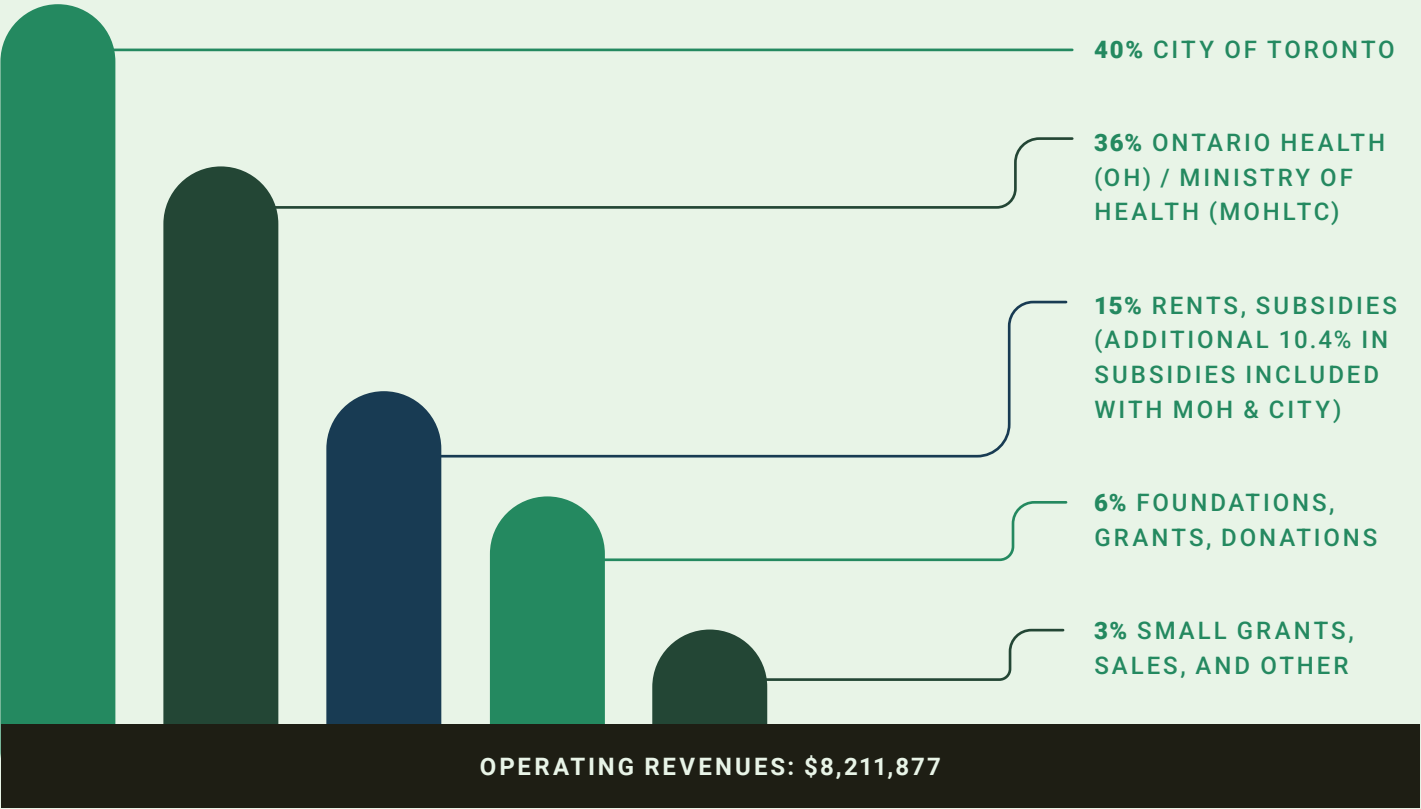


IN KIND AND BUSINESS SUPPORTERS



Financial Report

The graphs represent the combined statements of operations for all PARC programs and services excluding capital activity and depreciation.





In Remembrance

We honour the members we have lost this year. Their presence, their stories, and the connections they shared with others have left a lasting mark on our community and they will not be forgotten. Their loss is a painful reminder of the disproportionate challenges faced by people experiencing homelessness and mental health crises. Homeless women in Toronto now face a median age of death of just 36, and homeless men often pass in their 50s or early 60s, far below the general population. We mourn these premature losses and remain dedicated to our vision of everyone living with dignity and safety.



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