

PARC Calendar – JUNE 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Drop-in Hours 9:00-1:00 <u>HepC Drop in</u> 10:00-12:00 (Nurses Office) <u>TUHU</u> 11:00-1:00 <u>Soccer</u> Sorauren Park 2:00-4:00	2 Drop-in Hours 9:00-1:00 <u>Members' Drop-in Meeting</u> 10:00-11:00 <u>Mindfulness</u> 1:00-2:00 <u>Movie Afternoon</u> 1:30-3:30	3 Drop-in Hours 9:00-1:00 <u>Smoking Cessation</u> 9:00-12:30 Check in with 2 nd floor reception <u>Yoga</u> 1:00-2:00 (Auditorium)	4 Drop-in Hours 9:00-1:00 <u>ID Clinic</u> 11:00-1:00 <u>Koffler Art Project</u> 1:00 <u>Music Jam</u> 3:00-4:00	5 Drop-in Hours 12:30-4:30 <u>Music Afternoon</u> 1:30-4:00 <u>Writing Group</u> 4:15-5:45 (Auditorium)	6 Drop-in Hours 11:00-3:00 <u>Knitting</u> 1:00-3:00 (Auditorium) <u>Art Group</u> 3:00-5:00 (Drop-in)
7 Drop-in Hours 11:00-3:00	8 Drop-in Hours 9:00-1:00 <u>HepC Drop in</u> 10:00-12:00 (Nurses Office) <u>Soccer</u> Sorauren Park 2:00-4:00	9 Drop-in Hours 9:00-1:00 <u>Mindfulness</u> 1:00-2:00 <u>Talking Circle for Indigenous Members w Vivian</u> 1:30 <u>Social Afternoon</u> 2:00-4:00	10 Drop-in Hours 9:00-1:00 <u>Smoking Cessation</u> 9:00-12:30 Check in with 2 nd floor reception <u>Yoga</u> 1:00-2:00 (Auditorium)	11 Drop-in Hours 9:00-1:00 <u>Koffler Art Project</u> 1:00 <u>Music Jam</u> 3:00-4:00	12 Drop-in Hours 12:30-4:30 <u>Music Afternoon</u> 1:30-4:00 <u>Writing Group</u> 4:15-5:45 (Auditorium)	13 Drop-in Hours 11:00-3:00 <u>Knitting</u> 1:00-3:00 (Auditorium) <u>Art Group</u> 3:00-5:00 (Drop-in)
14 Drop-in Hours 11:00-3:00	15 Drop-in Hours 9:00-6:00 <u>HepC Drop in</u> 10:00-12:00 (Nurses Office) <u>TUHU</u> 11:00-1:00 <u>Soccer</u> Sorauren Park 2:00-4:00	16 Drop-in Hours 9:00-6:00 <u>Mindfulness</u> 1:00-2:00 <u>Movie Afternoon</u> 1:30-3:30	17 Drop-in Hours 9:00-6:00 <u>Smoking Cessation</u> 9:00-12:30 Check in with 2 nd floor reception <u>Yoga</u> 1:00-2:00 (Auditorium)	18 Drop-in Hours 9:00-1:00 <u>Music Jam</u> 2:00-4:00 <u>Urban Hike w Tania</u> 10:00 Toronto Island	19 Drop-in Hours 12:00-8:00 SOLSTICE 12:00-8:00 <u>Poetry Night</u> 6:00-8:00 (in the park)	20 Drop-in Hours 11:00-3:00 <u>Knitting</u> 1:00-3:00 (Auditorium) <u>Art Group</u> 3:00-5:00 (Drop-in)
21 Drop-in Hours 11:00-3:00	22 Drop-in Hours 9:00-1:00 <u>HepC Drop in</u> 10:00-12:00 (Nurses Office) <u>Soccer</u> Sorauren Park 2:00-4:00	23 Drop-in Hours 9:00-1:00 <u>Mindfulness</u> 1:00-2:00 <u>Social Afternoon</u> 2:00-4:00	24 Drop-in Hours 9:00-1:00 <u>Smoking Cessation</u> 9:00-12:30 Check in with 2 nd floor reception <u>Yoga</u> 1:00-2:00 (Auditorium)	25 Drop-in Hours 9:00-1:00 <u>Music Jam</u> 2:00-4:00	26 Drop-in Hours 12:30-4:30 <u>Music Afternoon</u> 1:30-4:00 <u>Writing Group</u> 4:15-5:45 (Auditorium)	27 Drop-in Hours 11:00-3:00 <u>Knitting</u> 1:00-3:00 (Auditorium) <u>Art Group</u> 3:00-5:00 (Drop-in)
28 Drop-in Hours 11:00-3:00 <u>Pride Parade w Jessica B</u> 12:00	29 Drop-in Hours 9:00-1:00 <u>HepC Drop in</u> 10:00-12:00 (Nurses Office) <u>Soccer</u> Sorauren Park 2:00-4:00	30 Drop-in Hours 9:00-1:00 <u>Mindfulness</u> 1:00-2:00 <u>Movie Afternoon</u> 1:30-3:30				