

PARC Calendar – APRIL 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>Drop-in Hours 9:00-6:00</p> <p><u>Smoking Cessation</u> 9:00-12:30 Check in with 2nd floor reception</p>	<p>2</p> <p>Drop-in Hours 9:00-6:00</p> <p><u>ID Clinic</u> 10:30-11:30</p> <p><u>Book Club</u> 2:00-4:00</p> <p><u>Music Jam</u> 3:00-4:00</p>	<p>3</p> <p>Drop-in Hours 11:00-3:00</p> <p>GOOD FRIDAY</p>	<p>4</p> <p>Drop-in Hours 11:00-3:00</p> <p><u>Knitting</u> 1:00-3:00 (Auditorium)</p> <p><u>Art Group</u> 3:00-5:00 (Drop-in)</p>
<p>5</p> <p>Drop-in Hours 11:00-3:00</p>	<p>6</p> <p>Drop-in Hours 9:00-6:00</p> <p><u>HepC Drop in</u> 10:00-12:00 (Nurses Office)</p> <p><u>TUHU</u> 3:00-4:15</p>	<p>7</p> <p>Drop-in Hours 9:00-6:00</p> <p><u>Mindfulness</u> 1:00-2:00</p> <p><u>Movie Afternoon</u> 2:00-4:00</p>	<p>8</p> <p>Drop-in Hours 9:00-6:00</p> <p><u>Smoking Cessation</u> 9:00-12:30 Check in with 2nd floor reception</p>	<p>9</p> <p>Drop-in Hours 9:00-6:00</p> <p><u>Book Club</u> 2:00-4:00</p> <p><u>Music Jam</u> 3:00-4:00</p>	<p>10</p> <p>Drop-in Hours 12:30-4:30</p> <p><u>Music Afternoon</u> 1:30-4:00</p> <p><u>Writing Group</u> 4:15-5:45 (Auditorium)</p>	<p>11</p> <p>Drop-in Hours 11:00-3:00</p> <p><u>Knitting</u> 1:00-3:00 (Auditorium)</p> <p><u>Art Group</u> 3:00-5:00 (Drop-in)</p>
<p>12</p> <p>Drop-in Hours 11:00-3:00</p> <p><u>Campfire</u> <u>Kuumba/</u> <u>PARC's Got</u> <u>Talent</u> 1:00 – 3:00</p>	<p>13</p> <p>Drop-in Hours 9:00-6:00</p> <p><u>HepC Drop in</u> 10:00-12:00 (Nurses Office)</p> <p><u>Hockey</u> 1:30-3:00 (McCormick Arena)</p>	<p>14</p> <p>Drop-in Hours 9:00-6:00</p> <p><u>Mindfulness</u> 1:00-2:00</p> <p><u>Movie Afternoon</u> 2:00-4:00</p>	<p>15</p> <p>Drop-in Hours 9:00-6:00</p> <p><u>Smoking Cessation</u> 9:00-12:30 Check in with 2nd floor reception</p> <p>LAST DAY OF EVENING PROGRAM</p>	<p>16</p> <p>Drop-in Hours 9:00-1:00</p> <p><u>Book Club</u> 2:00-4:00</p> <p><u>Music Jam</u> 2:00-4:00</p>	<p>17</p> <p>Drop-in Hours 12:30-4:30</p> <p><u>Music Afternoon</u> 1:30-4:00</p> <p><u>Poetry Night</u> 6:00-8:00 (Online)</p>	<p>18</p> <p>Drop-in Hours 11:00-3:00</p> <p><u>Knitting</u> 1:00-3:00 (Auditorium)</p> <p><u>Art Group</u> 3:00-5:00 (Drop-in)</p>
<p>19</p> <p>Drop-in Hours 11:00-3:00</p>	<p>20</p> <p>Drop-in Hours 9:00-1:00</p> <p><u>HepC Drop in</u> 10:00-12:00 (Nurses Office)</p> <p><u>TUHU</u> 3:00-4:15</p>	<p>21</p> <p>Drop-in Hours 9:00-1:00</p> <p><u>Mindfulness</u> 1:00-2:00</p> <p><u>Movie Afternoon</u> 1:00-3:00</p>	<p>22</p> <p>Drop-in Hours 9:00-1:00</p> <p><u>BINGO</u> 10:00-11:30</p> <p><u>Smoking Cessation</u> 9:00-12:30 Check in with 2nd floor reception</p>	<p>23</p> <p>Drop-in Hours 9:00-1:00</p> <p><u>URBAN HIKE W</u> <u>TANIA</u> 10:00 ROM</p> <p><u>Book Club</u> 2:00-4:00</p> <p><u>Music Jam</u> 2:00-4:00</p>	<p>24</p> <p>Drop-in Hours 12:30-4:30</p> <p><u>Music Afternoon</u> 1:30-4:00</p> <p><u>Writing Group</u> 4:15-5:45 (Auditorium)</p>	<p>25</p> <p>Drop-in Hours 11:00-3:00</p> <p><u>Knitting</u> 1:00-3:00 (Auditorium)</p> <p><u>Art Group</u> 3:00-5:00 (Drop-in)</p>
<p>26</p> <p>Drop-in Hours 11:00-3:00</p> <p><u>Campfire</u> <u>Kuumba/</u> <u>PARC's Got</u> <u>Talent</u> 1:00 – 3:00</p>	<p>27</p> <p>Drop-in Hours 9:00-1:00</p> <p><u>HepC Drop in</u> 10:00-12:00 (Nurses Office)</p>	<p>28</p> <p>Drop-in Hours 9:00-1:00</p> <p><u>Mindfulness</u> 1:00-2:00</p> <p><u>Movie Afternoon</u> 1:00-3:00</p>	<p>29</p> <p>Drop-in Hours 9:00-1:00</p> <p><u>Smoking Cessation</u> 9:00-12:30 Check in with 2nd floor reception</p>	<p>30</p> <p>Drop-in Hours 9:00-1:00</p> <p><u>Book Club</u> 2:00-4:00</p> <p><u>Music Jam</u> 2:00-4:00</p>		