

PARC Calendar – September 2025

Green: In-Person Orange: Hybrid/2<sup>nd</sup> Floor Auditorium

| Sunday                                                                                                                  | Monday                                                                                                                                                             | Tuesday                                                                                                                                                  | Wednesday                                                                                                                                                                                              | Thursday                                                                                                                                                 | Friday                                                                                                                                                 | Saturday                                                                                                                                                  |
|-------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                         | <div>1</div> <div>Drop-in Hours<br/>11:00-3:00<br/>(Holiday Hours)</div> <div>LABOUR DAY</div>                                                                     | <div>2</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>Mindfulness<br/>1:15-2:15</div> <div>Soccer<br/>2:00-4:00<br/>Sorauren Park</div>               | <div>3</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>Smoking Cessation<br/>9:00-12:30 Check in<br/>with 2<sup>nd</sup> floor<br/>reception</div>                                                   | <div>4</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>Movie Afternoon<br/>2:00-4:00</div>                                                             | <div>5</div> <div>Drop-in Hours<br/>12:30-4:30</div> <div>Music Afternoon<br/>1:30-4:00</div> <div>Writing Group<br/>4:00-5:30<br/>(Auditorium)</div>  | <div>6</div> <div>Drop-in Hours<br/>11:00-3:00</div> <div>Knitting<br/>1:00-3:00<br/>(Auditorium)</div> <div>Art Group<br/>3:00-5:00<br/>(Drop-in)</div>  |
| <div>7</div> <div>Drop-in Hours<br/>11:00-3:00</div>                                                                    | <div>8</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>HepC Drop in<br/>10:00-12:00<br/>(Nurses Office)</div>                                                    | <div>9</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>Mindfulness<br/>1:15-2:15</div> <div>Social Drop-in<br/>2:00-4:00</div>                         | <div>10</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>Voting Members<br/>Registration Blitz</div> <div>Smoking Cessation<br/>9:00-12:30 Check in<br/>with 2<sup>nd</sup> floor<br/>reception</div> | <div>11</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>Koffler Art Project<br/>12:45-4:00<br/>(Auditorium)</div>                                      | <div>12</div> <div>Drop-in Hours<br/>12:30-4:30</div> <div>Music Afternoon<br/>1:30-4:00</div> <div>Writing Group<br/>4:00-5:30<br/>(Auditorium)</div> | <div>13</div> <div>Drop-in Hours<br/>11:00-3:00</div> <div>Knitting<br/>1:00-3:00<br/>(Auditorium)</div> <div>Art Group<br/>3:00-5:00<br/>(Drop-in)</div> |
| <div>14</div> <div>Drop-in Hours<br/>11:00-3:00</div>                                                                   | <div>15</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>HepC Drop in<br/>10:00-12:00<br/>(Nurses Office)</div> <div>Soccer<br/>2:00-4:00<br/>Sorauren Park</div> | <div>16</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>Mindfulness<br/>1:15-2:15</div> <div>Pre-Camp<br/>Member’s Meeting<br/>2:00-3:30</div>         | <div>17</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>Voting Members<br/>Registration Blitz</div> <div>Smoking Cessation<br/>9:00-12:30 Check in<br/>with 2<sup>nd</sup> floor<br/>reception</div> | <div>18</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>Urban Hike<br/>(Canoe Trip)<br/>12:00-4:00</div> <div>Movie Afternoon<br/>2:00-4:00</div>      | <div>19</div> <div>Drop-in Hours<br/>9:00-8:00</div> <div>Music Afternoon<br/>1:30-4:00</div> <div>Poetry Night<br/>6:00-8:00</div>                    | <div>20</div> <div>Drop-in Hours<br/>11:00-3:00</div> <div>Knitting<br/>1:00-3:00<br/>(Auditorium)</div> <div>Art Group<br/>3:00-5:00<br/>(Drop-in)</div> |
| <div>21</div> <div>Drop-in Hours<br/>11:00-3:00</div> <div>Campfire Kuumba/<br/>PARC’s Got Talent<br/>1:00 – 3:00</div> | <div>22</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>HepC Drop in<br/>10:00-12:00<br/>(Nurses Office)</div> <div>Soccer<br/>2:00-4:00<br/>Sorauren Park</div> | <div>23</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>Mindfulness<br/>1:15-2:15</div>                                                                | <div>24</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>Smoking Cessation<br/>9:00-12:30 Check in<br/>with 2<sup>nd</sup> floor<br/>reception</div>                                                  | <div>25</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>45<sup>th</sup> AGM<br/>4:00-6:00<br/>Farewell<br/>Victor Willis<br/>Party<br/>6:00-7:30</div> | <div>26</div> <div>Drop-in Hours<br/>12:30-4:30</div> <div>Music Afternoon<br/>1:30-4:00</div> <div>Writing Group<br/>4:00-5:30<br/>(Auditorium)</div> | <div>27</div> <div>Drop-in Hours<br/>11:00-3:00</div> <div>Knitting<br/>1:00-3:00<br/>(Auditorium)</div> <div>Art Group<br/>3:00-5:00<br/>(Drop-in)</div> |
| <div>28</div> <div>Drop-in Hours<br/>11:00-3:00</div>                                                                   | <div>29</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>HepC Drop in<br/>10:00-12:00<br/>(Nurses Office)</div> <div>Soccer<br/>2:00-4:00<br/>Sorauren Park</div> | <div>30</div> <div>Drop-in Hours<br/>9:00-1:00</div> <div>Mindfulness<br/>1:15-2:15</div> <div>National Day<br/>For Truth &amp;<br/>Reconciliation</div> |                                                                                                                                                                                                        |                                                                                                                                                          |                                                                                                                                                        |                                                                                                                                                           |